

National Community Mental Health Conference 2024

October 11-13, 2024

AC Marriott, Kingston

Theme: It's time to Prioritise Mental Health in the Work Place

Programme

Day 1

Friday October 11, 2024

8:00am-8:20am

Registration

8:20am – 8:30am

Welcome and Introductions

Chairperson

Dr Kevin Goulbourne – Director, Mental Health and
Substance Use Services, MOHW

8:30am – 8:35am

Invocation

Rev Deonie Duncan
Assistant Chaplain

Non-Geographic Formations #3

Jamaica Constabulary Force

8:35am – 9:00am

Greetings

Dr. Lisabeth Crossman

President, Jamaica Psychiatric Association
Regional Psychiatrist, SERHA

Mr. Lascelles Brown
Regional Director
South East Regional Health Authority

Mr. Errol Greene OD, JP
Permanent Secretary
Ministry of Health and Wellness

9:00am – 9:15am

Introduction Guest Speaker

9:05am-10:05am

Guest Speaker

Professor Dickson Chibanda
London School of Hygiene
University of Zimbabwe

10:05-10:15am

Coffee Break

SESSION I

The Mentally Healthy Workplace
Chairperson: Mrs. Baker Burke

10:15am – 10:35am

Emotional Intelligence in the Workplace

Dr Earl Wright
Consultant Psychiatrist
Kingston

10:35am - 10:55am Strategies in Reducing Burnout in Employees
Prof Wendel Abel
Consultant Psychiatrist
Section of Psychiatry, UWI
Mona, Kingston

10:55am - 11:20am Mental Health and Work: The Lived Experience
Client/Caregiver- Southern Region

11:20am - 11:40am Referral for Mental Health Treatment- Stigma/
Discriminatory Challenges
Dr. Colleen Gooden
Consultant Psychiatrist/
South East Regional Health Authority

11:40 am-11:50am Question and Answer Session

11:50am -12MD Sponsor Presentation - National Health Fund

Session 2: Work Place Mental Health Interventions
Chairperson: Dr. Bertilee Burgess
Consultant Psychiatrist
North East Regional Health Authority

12:00pm- 12:20pm

Employee Assistance Programme- How relevant are these?

Mrs. Kadian DaCosta - Graham

Training Dynamics Consultants

12:20 pm -12:40 pm

To be or not to be assessed by the Medical Board

Dr. Doreth Garvey

Regional Psychiatrist, SRHA

12:40pm-1:00pm

Workplace Accommodations for People with Cognitive Impairment'

Dr. Roger Roberts

SMO, Bellevue Hospital

1:00pm-1:20pm

Question and Answer

1:30pm-2:00pm

LUNCH

Session 3: Human Relations and Mental Health

Chairperson: Mrs. Djavilia Ho

President, Jamaica Psychological Association

2:00pm – 2:20pm

Where are we with the Workplace Mental Health Policy?

Dr. Kevin Goulbourne

Director, Mental Health and Substance Use Services

Ministry of Health and Wellness

2:20pm-2:40pm

Substance Use Disorder Screening and Workplace Wellness

Dr Winston De La Haye
Consultant Psychiatrist
University Hospital of the West Indies

2:40pm-3:00pm

Psychology of Retirement: Leaving the workplace in Fine style?

Ms Georgia Rose

Clinical Psychologist

Western Regional Health Authority

3:00pm-3:10pm

Question and Answer Session

3:10pm-3:20pm-

Sponsor Presentation -Jamaica National

3:20 pm-3:30pm

Vote of Thanks

3:30pm

End of Day 1

Day 2 October 12, 2024

8:30am

Registration for Break Out Sessions

Capacity for Break Out Sessions 50 participants.

| Time | Room A | Room B | Room C |
|------------------|---|---|--|
| 9:00am-10:00am | <p>Data Protection Act: The Balancing Act</p> <p>Chair: North East</p> <p>Presenter Ms Naiequa Barnes</p> | <p>Child and Adolescent Mental Health - Confidence in diagnosing and Treating Common Disorders</p> <p>Chair: Dr. Michele Henry</p> <p>Presenter: Dr. Judith Leiba</p> | <p>Seminar How Will You Retire? Panelists-Prof Wendel Abel, Dr. Howard Harvey, Ms Pauline Roberts, JN Team Member</p> <p>Chairperson: Ns Luraine Brown</p> |
| 10:00am -11:00am | <p>Workplace Wellness: Is this possible?</p> <p>Chair: Ns North East</p> <p>Dr. Ijah Thompson</p> | <p>Counselling 101- CBT</p> <p>Chair: Ms. Eulin Hyatt-Beckford</p> <p>Presenter: Ms Georgia Rose</p> | <p>Back to Basics: Forensic Mental Health Assessment and Writing The Forensic Report</p> <p>Chair: Dr. Kraig Radlein</p> <p>Presenter: Dr. Clayton Sewell</p> |

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|------------------------|---|--|--|
| <p>11:00am-12:00pm</p> | <p>Yoga: Transforming You</p> <p>Chair: Ns Oluchukwu Ikezie</p> <p>Presenter: Mr. Maxwell</p> | <p>Mental Health Advocacy: Action Not a Bag a Mouth</p> <p>Chair: Ns Parchment</p> <p>Presenter: Mensana Group</p> | <p>Back to Basics: Forensic Mental Health Assessment and Writing The Forensic Report</p> <p>Chair: Dr. Kraig Radlein</p> <p>Presenter: Dr. Clayton Sewell</p> |
| <p>12:00pm-1:00pm</p> | <p>Healing with Hula</p> <p>Chair:</p> <p>Presenter: Dr Vitillus Holder</p> | <p>A Brush with Therapy</p> <p>Chairperson:</p> <p>Presenter: Paints by Abra</p> | <p>Harmonizing Cultural & Medical Therapies.</p> <p>Chair: Mr. Kevin Alen</p> <p>Presenter: Yasus Afari</p> |
| <p>1:00pm-2:00 pm</p> | <p>Lunch</p> | | |

Clinical Conference

Cutting Edge Mental Health October 13, 2024

8:00am Registration

8:30am

**Welcome and Introduction
Opening Remarks**

Dr. Lisabeth Crossman
President, Jamaica Psychiatric Association

**Session 1
Chairperson: Dr. Tamika Miller
Psychiatrist, SERHA**

Back to Basics

8:45am -9:05am

Over 80 yrs and with Dementia: To treat or Not to Treat
Dr. Roger Roberts
SMO, Bellevue

9:05-9:25am

Bipolar Disorder: Mixed States- Assessment and Management
Dr. Baldwin Miller
Psychiatrist, Southern Regional Health Authority

9:25am-9:45 am

Missing and Misdiagnosing Adult ADHD
Prof Wendel Abel
Consultant Psychiatrist
Section of Psychiatry, UWI

9:45am-9:55am
Question and Answer

**Session 2
Chairperson: Dr. Hope Iballaboh**

9:55am-10:15am

Choosing the Right Antidepressant

Dr. Rachel Chung

Psychiatrist, KPH

10:15am-10:35am

Benzodiazepine: Use with Caution

Dr. Kunal Lalwani

Psychiatrist, UWI

10:35am-10:55am

Esketamine for Treatment of Depression

Dr. Geoffrey Walcott

Psychiatrist, Kingston

Questions and Answer

Coffee Break- 11:05 am-11:15am

Sponsor Presentation- Ms Marsha Clarke, Janssen

Session 3: Research projects

Chair: Dr. Mindi Fitz-Henley
Psychiatrist, SERHA

11:15am-12:15am

Dr. Brian Kazaara

Question and Answer Session
Sponsor Presentation

Session 4 ; Dr. Patrick Prendergast

12:25pm- 12:45pm

New and Emerging Drugs- Current Challenges and the Way forward

Mrs. Uki Atkinson

Researcher, NCDA

12:45 pm-1:05 pm

Avoiding the Nine Day Wonder: Media and Mental Health-

Ms Janet Silvera
Journalist, Gleaner

1:05pm-1:25pm

Question and Answer

1:25pm

Vote of Thanks Dr. Tiffany Grant- Secretary, JPA

1:25pm

End of Conference and Lunch

